Transliteration of the Channeling "Entities" of Archangel Chanuel by Heike Lieselotte Schneider on July 30, 2021

"Blessings to you, beloved children of light. We are the energy which you call Chamuel. Beloved children in the light. We would like to speak today, of course, about the temporal transformations, and furthermore, because of many questions that have been asked in the past, especially recently, we would like to speak today on the subject of "entities".

Beloved Children in Light. The current vibrational increases throughout the universe that are impacting the Earth are naturally causing your body, your structure, your mind to continue to transform. This also means, of course, that the darkness is trying to ride as many attacks as it possibly can. This means that you should be very conscious of what you eat, what you drink, blessing your food, cleansing it well, your water, your drinks, cleansing it well, blessing it, that you supply your body with high vibrational things as much as possible. The darkness is trying to release as much harmful stuff as it possibly can. Not only on the psychological level, but also on the physical level. Therefore, it is imperative that you try to keep your vibrational frequency up as much as you can through meditation, through contemplation, through prayer. Your souls can cope with all harmful substances, they can transform them, if you vibrate high enough.

Beloved children. Today we would like to explicitly point out again that especially harmful substances are deposited in the joints, but also in the connective tissue, in the soft tissue. You will still have difficulties with the joints, with the bone structures, with connective tissue, but also with eyes and, among other things, with the respiratory tract.

Beloved children in the light. Try as hard as you can to keep your focus on the light and on the new time. Focus your attention on what paradise on earth will be like. Have ideas, get creative, wake up and become powerful, empower yourself. Go into personal responsibility. This is indispensable for the new era.

Beloved Children. Today we would like to specifically address the issues of the egregore, the elementals or the tulpa as they are called in Tibetan. These are entities or entities that do not become ensouled or are not ensouled.

They are not created by God. As ensouled beings, you, each one of you, are able to create energy structures. You are able to condense energy to the point of creating a form of matter. It means that what you understand by egregore, elemental or tulpa is ultimately the vibrational frequency between two people in interaction. And beyond that, it is what you also call the collective consciousness of humanity. It is, in the final analysis, the level that encompasses all of your thought structures and also encompasses the planet in an all-encompassing way.

Beloved children in the light. Lately, there has been an increased emphasis on the fact that these things are purely positive in nature. This is not so. Therefore, today we would like to enlighten you more precisely about what these structures are and how you deal with them and how you also create them and finally also how you can protect yourself from others using these structures against you.

Beloved children in the light. Ultimately, elementals are what you ultimately create, for example, your pain body, which you create by constantly overthinking, thinking too much. This pain body is actually nothing more than an elemental that keeps driving you to create even more negative thoughts through negative thought inputs. An active pain body ultimately means nothing more than an extremely large elemental that tries to control you - the creator himself, so to speak. In this case you are the creator.

Beloved children. Every thought has an energy structure, a vibrational frequency. Since the whole universe ultimately consists only of vibration and sounds, of frequencies that interweave with each other like a web that is woven together and thereby creates matter, it means that you, as animate creator beings, are also able to create things. That is, in a happy couple, a form of elemental also forms, a form of egregor, because many elementals, as mentioned, also create the egregors, nevertheless something that works positively as long as it is positively nurtured and fed. However, when you are in a fight with someone, in destructive relationships, these elementals or egregors are able to do the splitting. Does this sound familiar to you at this time? That which is presently affecting humanity - and remember, being inanimate, these essences, these entities, can very well be controlled by the darkness - it is not only positive and it is not only negative.

But since at present or most people are still too cerebral on this planet, it means that the egreore or elementals are mostly negative. That what you understand under elemental or egregor are finally parasitic entities which - created by you - are also nourished by you. The soul connection that you have to each other either way is so all-encompassing and so great that ultimately you don't necessarily need these structures, especially because a person who practices dark magic or works with power structures or tries to gain power over you is quite capable of creating an egregor or smaller elementals that control you.

The best protection here, of course, is still the high vibrational frequency of the soul. It is as if you are encased in a cocoon of frequencies where lower vibrational frequencies cannot break through this cocoon. Only through fear, anger, pain and sadness do you open the doors, so to speak, so that these structures can access you. What you would understand as perhaps positive elementals or egregors is the connection between mother and child. The great love, nourished from both sides, creates a form of elemental or also egregor that is able to release, so to speak, when danger is imminent, in both places at the same time the information: here is danger imminent. That's why the mother feels when the child is not well. But, if your souls would vibrate big/high enough, you would not need this detour, but would feel it just as well directly.

The egregors can also be conjured up by dark magic forces, by Satanists. This conjuring is ancient black magic. Demonic realms are entities that were created a long time ago and, among others, also what you understand by fallen angels. The existence of this becomes more and more conscious to you with every day, because you can feel it with all senses, that a lot of darkness exists, which you did not want to or could not really perceive until now. Beyond that it is however so that these entities can be steered likewise by the dark side. And this control is there to weaken you. To tell you that you are too small, too big, too fat, too thin, not intelligent enough, not strong enough or whatever.

As already mentioned in other channelings, you can assume that every time you address yourself in your head, in your thoughts, with "you", 99% of the time the darkness is speaking

But if your heart is full of love, full of joy, full of gratitude, then you can possibly hear us, as we try to interact with you all day long. Through signs, through words, through music, through messages, through third parties. Know that you are never alone and know that you are guided, if you trust the guidance of your heart, your soul and not the guidance of your head.

Egregors and elementals, because they are not ensouled, are not particularly protected, and this unsouledness makes it very easy for the darkness to use these entities. To use an ensouled human being will only succeed if this human being is psychopathic, has no compassion at all or has sold his soul - this is also possible. With every fear, with every state of shock, the darkness still tries to let you split off soul parts. Split off soul parts also mean that the dark forces or the dark beings can more easily attach to you or try to take you over completely.

Do not be afraid of this. As long as you keep feeling love in between, as long as you keep praying, as long as you keep meditating, as long as you can feel compassion at a beautiful sunset or at puppies or little kittens playing with each other, or your heart swells when you see an infant smile, then this cannot happen; because you are so full of power, so full of soulfulness, that ultimately the darkness cannot reach out to you.

As before, humanity suffers from the fact that personal responsibility is not really taken. This is not an accusation. We know how often and how much you have already had to fight for survival in the past, especially in different parts of the world, the strength sometimes was not there to inform yourselves, the strength sometimes was missing to maybe do something else than to be sprinkled from the outside. But this is something that corresponds to a very deep, vicious hypnosis. Don't trust what you see on television. Don't trust what you see on the computer. Trust what you can feel, what you can touch, what evokes in you not only emotions but actually feelings like love, joy, gratitude, happiness.

Surround yourself with soulful things. Every stone, every tree, every plant, every animal is ensouled.

We would also like to ask you to surround yourself more with healing stones, for example rose quartz, amethyst, rock crystal and beyond that possibly schungite or other healing stones that your personality is calling for right now, that your being is calling for right now, is helpful. Trust your intuition. It is important for you in the next time to be prepared for everything. The outlook for the different timelines - and we have already mentioned that you have more or less chosen the most difficult one, but again, the great souls take on the greatest adventures - which means that you are all little adventurers. Finally, free yourselves from the thought that something terribly bad will happen, that the world will end, this is not so. In your power, in your strength as a whole being, as a whole ensouled being, you are able to radiate so much energy that the darkness recedes before you. And that means, conversely, that you are not vulnerable to the darkness.

The darkness can no longer really perceive you on certain vibrational levels, you fall through the cracks. But as long as you are in battle, are in battle mode, are in battle mode in the thought structure, it means that ultimately the darkness can and will attack you. All it takes is the decision to live the soul force and nurture it. For this it is helpful to listen to high vibrational music, gospel, anything spoken or sung in love. Stay away from destructive music. Nikola Tesla frequencies 3 - 6 - 9 are best, which corresponds to 432 hertz music. And more and more music is being written on 432 hertz, which is the music, the frequency that the old masters used. That which is currently used in pop music and pop culture for the most part is 440 hertz. That too was an intervention by the dark Ones to ultimately keep the vibrational frequency on Earth low.

The lower humanity vibrates, the more fear there is, the easier it is to control people. Many people have forgotten in the course of the last time that they are Divinely inspired Human Beings. Divinely ensouled Beings who are very special and so much more powerful and so much more energetic than anything you can imagine. The dark beings will stay out of the way of the light beings as much as they somehow can, unless - as mentioned - you open the door, consciously or unconsciously. Therefore, it would make sense to be as conscious as possible, to take advantage of the time. You can be annoyed that you have to clean the apartment again, or you use this time for meditation or for conscious thought processes

The important thing now is to focus completely on how paradise on earth should be. How to deal with children, how to deal with living beings, with animals, how you deal with each other - want to deal with each other in the future. It is of great importance that you begin to focus on this and manifest these things with love and anticipation.

Again, the note: the next period is going to be rough. The darkness will bring everything on the way that is somehow possible, and they are already very limited, so much is not possible to create more fear, to create more pressure, to create more panic and to come up with more violent rules. Do not believe what is on television. Get rid of it. It is a group of people who are forced to do some things, some voluntarily, many also involuntarily, but who are willing to bring the lie to the world. It is, seen in the whole of humanity, a very, very small group, in the hundreds of thousands, not in the millions/billions that humanity has to offer.

There are very many great, luminous souls among you and everyone who is soulful, who can feel love, is a great, luminous soul. Even if you think you see a war movie on TV or are actually told that war is coming, don't believe it. As long as your world is okay here, it just makes sense to be prepared for all the games they may pull. Have enough food, have enough drink in the house, maybe take along a thing or two for the neighbor who is more unconscious or who is still unconscious. Align yourselves to connect, network, seek contact with friends, families. Leave the divisions, leave the discussions. Do not believe, because you are awakened, because you know what is happening in the world at this time, that the other is dumber or smaller or lesser because he may have believed what he was told. People who have been persuaded to do things or to give in, so to speak, to the supposed god of science or pharmacy. Do not look upon these people as lesser, but reach out to them in their time of need.

Beloved children in the light. You are so much more powerful, you are so much greater, you are so full of strength, full of love.

You have so much to give, you have so much to give to love, to give to the light, to give to the world, to give to the universe. Truly, we tell you, you are capable of actually creating paradise, and we know that you will succeed as well. Join hands. This does not mean that you should embrace the unsouled. It means that you shine so much that the unblessed cannot come near you. And the more you unite within the family in that glow, based only on love, the more you will succeed in keeping the darkness away from you.

Beloved children in the light. Prepare yourselves. Prepare yourselves especially mentally about the information that will come out. Especially in August, the infinity of the universe will intervene to some extent and more and more information will begin to come out. And there will also be more and more attempts to distract from this supposed information, from these truths that are being passed on more and more, from person to person.

It's literally the end game. And even if it still rumbles a little bit, it doesn't mean that you are in real danger. Being prepared, having enough water, blessing food, just being a little bit more prepared for four to six weeks can't hurt. Being a little more mindful of what signs nature is giving you, what you feel when you wake up in the morning, whether it feels lighter or whether it feels a little heavier. The harder it feels, the more focus on being in your heart and sending that outward.

Beloved children, you are so infinitely loved. God has placed us to be by your side. God ultimately created the world so that the beautiful can come into being a little faster than the negative. Since the world is currently the way it is, you know that the negativity is currently even more energized than the good, and we would like to invite you now on the adventure of your life. The adventure of living love every day. Feel the being, feel the connection to the creator himself, to the original source of all being, to the omnipotence of love. Feel it in your heart, but also perceive it with all your senses, with every cell in your bodies and with every cell or energy node of your auric field. Take in this energy. Feel into it. Feel the greatness that is behind it.

You are so powerful. You are so infinitely loved. You are so great. You are so heartfelt. You are loving. You are powerful. You respect the other person, and you respect yourself. You no longer need to judge or evaluate - you know that you are. And this power, the I AM that lives through you, will intervene when the time is right. The truth is coming to light. Every animate being who surrenders to the grace of God gets the second and also the third chance. However, this does not apply to the unsouled.

Beloved children in the light. Have confidence. Experience this war between light and darkness, without bombs, without complete destruction, but see what is still alive, what is still blooming. Rejoice like the birds in the air in the single days, in the pure being, in the existence on this wonderful earth, which is also still in chains, although only 15% - a little more than 85% it is free - but give even more love and warmth and confidence into the earth. Not by grounding yourself in the earth, you know, grounding begins in the heart, not in the feet - and pay attention to the fact that many old, so-called esoteric teachings are also infiltrated by darkness. If it doesn't feel good or right, don't do it. If it harms others, don't do it. If it does not fill you with joy, then don't do it. And know that the omnipotence of the Divine Creative Power lives in you, lives through you. And know that you are always infinitely loved. We bless you in the light of Divine Omnipotence, now and always, and so be it."