Transliteration of the Channeling "Grown-up" of Archangel Chamuel by Heike Lieselotte Schneider on January 28, 2021

Be blessed, you beloved children of light. We are the energy which you call Chamuel. Beloved children in the light. We would like to talk a little bit about the current events before we come to our actual topic, which will be about the topic of being a grown-up. Beloved children in the light. The current themes are still the dawning of the light or better said, the struggle between light and darkness. It is not really a fight, but only the fact that the light has already won, but not all people in the world are ready to feel, see and live this light. You decide every day whether you want to move into trust in God or whether you want to remain stuck in fear.

Beloved children. Current events are, of course, of the very greatest or most threatening kind imaginable, worldwide. But the power of change is, by your being so many, so different or so powerful or so much more powerful than anything you can imagine.

Beloved children. The current transformational processes continue to go especially to the bone structures, to the energies, also especially what has to do with the cervical spine, with the spine, with the head itself, many of you will suffer from headaches, from head pressure, not only because you are racking your brains, but also because the chakras are trying to open up more and more and your organism wants to expand a bit, so to speak. For this it is helpful to visit the quiet space of your heart as often as possible, through meditation, through mindfulness exercises, through all that really does you good.

Beloved children in the light, we see very well the stress, the fear, the despair in which many of you find yourselves. But remember this. You will never be able to fall lower than in God's hand. And the believer in God draws down God's help. So strengthen your connection to the Divine Source itself. Stay in the connection. Stay in the love. For what is, in your environment, of beauty. Focus on what is beautiful and not only on the supposed problems.

Beloved child, also today we will address you personally. Hence the choice of words to speak to each individual.

Beloved child in the light. It is about the theme of becoming an adult, of being an adult. What does being an adult mean? To grow up, to grow out of oneself. Being grown-up ultimately means nothing other than no longer being dependent on anyone else. Neither by criticism nor by praise. You are grown up, because you let GOD, the great UP (God)*, let grow in you. In the past you have experienced an illusory being grown up. You have given your power to politicians, to mental or spiritual leaders, to celebrities who tell you what you have to wear or how you have to look. You have given up your power to doctors. You have given up your power to your neighbor. Because when he supposedly annoyed you, you empowered him to have the power to annoy you.

Beloved child. Being an adult ultimately means nothing other than that you allow the Divine Source, the great HE, to grow through you, to carry outward, to step outward. And, above all, that you empower yourself to be what you were born to be, and to be what you actually are: a powerful being, a human being.

Beloved Child. For many, many generations, darkness has lived and reigned here on this planet. The awakening that will now become more visible every day is due to the fact that more and more, that each and every one of you, especially you, beloved soul, have set out on the path to seek the light, to discover the light within yourself. This light wants to be nurtured. This light wants to grow. The seed lies within you since your birth. Already during the formation the Divine Light is in you. You bring this Divine Light with you into earthly existence. Now imagine that you put a seed into the earth and do not care about it. It does not rain, this seed dries up, or it rests. But it still exists. It is still there. This dormant seed, if cared for properly, will start to grow, will grow roots. It will be bigger and stronger. It will grow more and more over the years. It will become stronger and stronger.

Beloved child. This seed in you, which you have not nurtured so far, wants to use the roots that are already there and that are in the Divine Source itself, to strengthen you. To let you grow up. This means taking one hundred percent personal responsibility for your life. It means no longer empowering others to tell you what to do and what not to do. It means feeling the power within you to say "no." To feel the power to also tell others the limits of what you can do.

Note: Er-wachsen (grown-up) is meant here as a pun in German. Er-wachsen literally means He-grows. In this case He stands for the Divine Source.

The limits on what you are willing to do and not do is ultimately your own conscience. Your soul, which knows what is right, and what may lead to detours, problems or more challenges. The soul that has the connection. Only, it is now necessary that you continue to nurture this seed. That you can begin to let the power within you grow outward. The more of you do this, the stronger the interconnection will be. And, beloved child, there are already many, many more people awake than you think. And there are more good people than bad people. Only not all of them have grown up yet. Not all of them are so in their power. Still too many give away their power. But YOU are ready to do exactly this. It is your free will that tells you when you are really ready. Feel the strength and the power of the Divine Light within you. Strengthen the roots within you to the Divine Source. The connection that wants to and already permeates you with the knowledge, wisdom and power of Divinity. How much of it are you ready to send into the world?

Beloved child. The beauty, the strength, the power of Your soul is immeasurable. Not to abuse the power, for that You have a conscience. Never to use the strength and power of Your might to the detriment of others, this is Your doctrine. But to help others, to reach out to them when they have fallen, to send light into the world, to send love into the world, this is your task, and it costs you nothing at first. It's your decision that makes you want to expand that connection more and more, to let it grow more and more. In the past you were not really grown up. In the past, you believed that if you gave power to others, be it a doctor, a spiritual leader, the boss, the superior, the politicians, that they would all know better than you. You have made yourself too small. Your path, your footprint in this world, in this life, is unique. And this path can only be walked by you. And it does not make sense to give the power to other people. How would you like to experience your greatness if you still believe that others already know what is right and what is wrong, even though your soul cries out, "Don't you see how the darkness is reaching for you?" Reflect on these forces, on this energy, on this being. And let the divinity, HIM, grow through you. HE grows to carry the light further. To use the light to reach the planet and all the people who have suffered so much damage. To bring about the change, to take responsibility for yourself, for your loved ones, for your neighbors, without patronizing them. Remember that in the word

"responsibility" has the word " response" in it. Every time you take responsibility for another person, you withhold from them the response that life has in store for them. But every time you hand over the responsibility for your life to someone else, for your life, for your health, for your power, for your strength, for your being, YOU are deprived of the response that life has prepared for you.

Now is the time of departure. Now is the time of change. Now is the time to be courageous. Being courageous does not mean being completely free of fear. To be brave means to go beyond the limits of yourself, in spite of fear. And you see more and more people around you starting to be braver. The little plant raises its head from the darkness to seek the light more and more.

Beloved child in the light. You are so powerful, you are so full of love, you are so full of Divine energy as you cannot imagine. Now is the time to break through your self-imposed limitations. Now is the time to grow stronger. To become stronger to surrender to the Light. To accept that many who liked to be alone, or who liked to distract themselves with some TV movies or some games or whatever, start to say: "Together you are much stronger". Be it the family bond that may start to grow together again. Be it within the partnership, be it also in the circle of colleagues or in the neighborhood, to stretch out your hands to realize what you have in common with others, not what separates you from others. And if you all connect what each of you would like to have as a basis, then you come to love, joy, gratitude and happiness. Then you come to the point of wanting to live peacefully. Then you come to the point of wanting to laugh, wanting to connect. To live in peaceful communion with other people.

Beloved child. Today you decide to do just that. Today the little plant begins to awaken from the darkness and with each day to grow stronger, to grow more, and you will see how the divine light of the loving omnipotence grows through you in the world. We believe in You. We know that this power and this strength and also this will is in You. We know that Your power can illuminate Your piece of the world so strongly that darkness has no place in it anymore. And when you connect with others, your light is so much more radiant than anything you can imagine, and you have truly grown up. We bless you in the light of Divine Omnipotence, now and all the time, and so be it.