

## **Transliteration of the Channeling "Anger" of Archangel Chamuel by Heike Lieselotte Schneider on September 28, 2022**

"Be blessed, beloved children of light, we are the energy which you name Chamuel. Beloved children in the light. Before we will go into our actual topic, which today will be mainly - except for the current events - about the topic "anger", we would like to point out to you that still very large processes are underway, these will not change the next time. At present it is so that you work up your past much and increasingly and also try to clarify your ancestral lines, but more about this in the next time.

Beloved children in the light. Through many dreams, through many memories, fragments, through certain experiences, which repeat themselves, you are pointed out again and again, where your actual themes are. Ultimately, you are currently in the phase where you are working through more and more what in the past, so to speak, just maybe did not go so well and then simply forgotten, repressed or pushed aside. For the process of ascension, it is important that you are clear. That you are at peace with yourself. This does not mean that each of you needs psychotherapy, but it simply means the open and honest acceptance of what is and also of what was. It is about not judging and evaluating your past behaviors, it is about accepting the way it is, and it is about living the way it is, the now, regardless of what tomorrow may bring.

Beloved children in the light. As before, the wake-up calls are being sent out more and more strongly. The earth frequency has now swung up to a new level and is pulsating relatively evenly at the moment, but this will of course change again. It is still the case that most of you complain about strong sleeping difficulties or sleeping disorders. We will go into this in particular today. It is still the case that mainly the bone structures and the joints, the density of the bones, so to speak, transforms most strongly and mostly, but also the tissue structures and everything that has to do with seeing, hearing, smelling, tasting.

Beloved children in the light. In order to protect our channel once again the hint that you should visit doctor or non-medical practitioner in case of more serious problems, these are only the common transformational thrusts that we would like to address, from the energetic side.

Beloved Children. As said, the whole body is in turmoil but also the whole mind. It is becoming lighter in many layers and more compressed, darker in many levels. The darkness has diminished, but it has become all the more canted and clenched, and this density in the darkness is something that you feel very strongly.

There are those of you who are news junkies, rushing from one news item to the next in the hope that things will finally start happening, and there are those who try to ignore it all and don't want to deal with the truths.

Beloved children in the light. It does not mean that you should investigate every news item or that you will be told the same news over and over again in different media, which are all supposed to make you afraid or excited or something else.

Beloved children. It is mainly about you recognizing your own inner truth and living this inner truth. It is about you recognizing yourself again and remembering your intuition, your gut feeling, yes, your heart truth and feeling into what is right and what is wrong. The darkness will try in the next time to set as many false flags as it can. The point is that you will eventually be held in such fear that you will be unable to move because of panic. But there are many groups, especially here in Europe, who have already come together, who are no longer upset by this. Of course, some ego structures prevail here, and many are of course infiltrated by darkness. The less ego structure - ego structure in the form of the thinker, not in the form of the pure "I", which is perfectly okay - is ultimately of great importance that you simply overcome it, that you go into your power and your strength and finally begin to use the entire resonant body, namely the entire body, to feel, to sense what is true and what is false. And it is about accepting that the light has already won! When we express this, feel into yourselves. When we say, "The light has already won!" The darkness is only trying to create as much collateral damage as possible.

Beloved children. This collateral damage is ultimately only possible if you get involved. You will understand: when you have for the first time said "No!" to something in a tone of conviction and you can really feel it, because you have recognized yourself as what you are. As ensouled human beings, as ensouled entities that carry the Divine Spark within, that are completely sovereign. The moment you understand that, and live that outwardly, you will be able to set a certain limit to all the people around you. Some people come through the whole process much easier for the simple reason that they don't play any games. It doesn't mean that we don't understand that many of you are trying to just muddle through a little bit and find your own niches a little bit. It doesn't mean that we want to condemn or judge anything, it just means that it's about you starting to actually become sovereign and really and truly live that sovereignty as a pure human being. To live the personal responsibility, to send the personal responsibility out. To have the opinion that you have and also to stand by it in every situation of life. It doesn't mean being overbearing and imposing your opinion on the other person, it just means, when you see or hear injustice, to intervene sincerely, authentically, to say something. The whole world could only get this far because too few people said something, or others just wanted to live their usual rut. That's okay too, but that's one of the reasons why everything is taking so long.

The earth is liberated for a bit, then comes the setback. First comes the fear, then comes the worry, then comes the anger. And right now, anger has absolute dominance over the entire world, which has set the earth back several steps again. Beloved children, we do not want to stir up fear, quite the opposite. We only want to encourage you to give as much light and love into the earth as you can. You have enough unconscious moments when you are just thinking to yourselves that you can use to do just that. A moment to go into your heart when you are walking from point A to point B. When you have to wait somewhere, and actually channel that love into the earth. Why is it so important? There will come a point where the earth - and it's not too far away - where the earth can free itself. If this is a smooth transition, because the energies are rising steadily, you are moving out of anger by transforming it, and living love for it, because even anger creates nothing but dark energy, means that the transition will be smooth. Otherwise, it might be a little more jarring than you can imagine. The earth as such will liberate itself.

This is absolutely certain and no longer reversible. And all beings who are on it will be included in it. Nevertheless, the earth will also free itself a little bit more and it has had infinite patience through centuries, millennia, but now the end is so close that it simply can't bear certain things anymore and also doesn't want to bear them. As said, the more light and love you give into the earth, the easier and simpler the transition will be, otherwise it can actually jolt a little. And you already know the jolting of the earth as volcanic eruptions or earthquakes. Many of these are man-made, of course, but nonetheless there is also the energy that comes from the Earth itself, which has suffered long enough, absorbing every drop of pain, every drop of grief, every drop of anger, despair, rage, hatred, envy, resentment that mankind has created. We would like to point out once again that a) this is not an accusation and b) that this is only bound life energy. Life energy that you have transmuted from the creative power by choosing to go into fear or anger.

It is natural to be afraid of loud noises or high altitudes to protect yourself. However, it does not mean that you should be in the continuous vibration of fear and worry. Fear is helpful, and all these sensations are not to be pushed away, quite the opposite. The moment fear, anger, rage, hatred, envy, resentment arises in you, direct the attention in the body to where it is and stay with the attention on it until these energies transform back, into what they are: Creator Power. The corrupted mind, which, so to speak, creates the darkness in the first place, or rather nourishes it - since you did not create all the darkness, but contribute much nourishment to it - means nothing other than to transform it back into creativeness. Into creativeness that is imbued with love.

Beloved children. The darkness will spend the next time, and this is a small preview, everything to show you what darkness really is. They will try to do collateral damage. They will try to do the worst, but nevertheless feel into it, whether it is true or not. And you'll find that a great deal is froth. That very much is simply played to you or told to you.

Beloved children. When you rest in yourself, in your power and your strength, it is, on the one hand, that when you believe in God's help, God's help draws down to you and, on the other hand, it is that your power and your strength ultimately ensure that you reach the next level, so to speak, a higher dimension that enables you to constantly or more constantly have less fear, less worry. You live in the here and now and this is something beautiful when you don't think about what tomorrow may bring or what yesterday was. The here and now is the moment when you can change your world. You cannot be unhappy in the now and expect to be happy in the future. You must first be happy now and plant the seeds for future happiness.

Ultimately, you are a beloved child of the divine source. You are truly full of beauty, full of purity, full of goodness, full of humanity, full of compassion and full of blessings. You wish for others to be well, purely from your soul. You rejoice when others succeed, that is your very being. Every time you don't react like this, you have a problem that you are not in touch with your actual being, but that the head, the ego structure, the thinker, which has meanwhile taken on a life of its own, has taken over the helm and the first role, so to speak. You are truly Divinely inspired. And to accept this energy and also to live and to use this creative power means to put yourself in front of the old, in front of the weak, in front of the helpless. It means to no longer go along with any kind of control regulations, but to clearly show the flag. To stand up for oneself, for humankind, for humanity. This is the task of the next time.

You are no longer the plaything of the elites, unless you still submit. But the feeling of awakening must come from within, from every soul. Of course, you will get support. As said before: The one who believes in God's help draws down God's help, but for this purpose think about what you believe in! Think about what you want to live! How the future should be. And come out of your shell. Not by doing great deeds, this is not our intention, to force you to do something you don't want to do, but simply to live the sovereignty in the family, with friends, in the environment in such a way that it is actually accepted. The development of the energy, the ascension process is decided by humanity, not only ultimately by God.

There is the time when He intervenes, that is clear, and He has already intervened by removing some entities, so to speak. But every soul should come along. As many souls as somehow possible. Also, the poisoned ones, who, if they have the truth, can accept the truth, understand the truth, can confess again and again to God, to love, to the Divine All-Oneness, to the great I AM. This realization is important so that souls do not remain lost for too long. The point is to give each human being the opportunity to make this decision within himself. And in the end, it is so that many of you have simply put your light under a bushel for too long. That you have simply kept your mouth shut for too long. That you have gone along with too much. You didn't stand out or you didn't want to stand out, you went under the radar, so to speak. And this is perfectly okay up to a certain point.

At the moment when the pressure from the outside becomes stronger and stronger, something builds up in every soul. The desire for independence, personal responsibility and sovereignty. There are two possibilities: You let it out, you start to live that, to actually recognize yourself - and it is still the most important thing in this life: to recognize yourself and accordingly to carry that to the outside: truthfulness, honor, decency, to protect the helpless, to stand up "for", not to be "against" something, but still to stand up for what you want to have, to use the free will consciously. And the free will can only be used consciously, if body, spirit and soul are in harmony in this respect. Everything that is decided only by the head is guided by darkness.

Beloved children in the light. The next period is going to be exciting in that the darkness, as said before, is trying to pull out all the jokers it has. They're not really getting any more information because the top brass is sort of gone, they're not getting any more instructions, that's why everything is getting so chaotic. But that's what helps you wake up, become more awake. That doesn't mean that you have to go out and missionize, but when the conversation comes to it, simply by asking questions to make the other person think. Not to impose your opinion on him, that has been done long enough with mankind, don't start with that too, just because you have experienced it the same way. But in the end, it's about each of you "pulling yourself out of the mud" a little bit, so to speak.

Everyone for himself a little bit more to go into the luminosity of Divine Love and to transfer this spark to others, to live this and to carry this vibration out into the world, into the universe.

It is for you the next time not to say: I lie here on my couch, eat popcorn and watch the news in different media and wait for that finally one comes and frees me, but it is about to welcome this awakening in yourself really and truly and to live this also!

And it also means to say "Stop!" sometimes. Indifferently whether it is family. Indifferent, whether it is the closest friends. Indifferently whether it is the own children or the own parents. Stand by your opinion. Without fighting, but just stay stoic and ask questions! Just ask the question, "How did you come to your realization?" - "Why is it important to you that...?" - "And what if you are not right?" - Be creative, think of questions. The question "Who started how many wars?" can be interesting. The question "What has helped other people?" - "Why do some countries do it that way?" gets people thinking. As said, only if you are within a conversation. It is not right to impose something on another. It's important to wait for the other person to ask the question. Or just in the conversation it comes up. Some people just don't want to see the truth. They don't want to. They want to live their illusion; they want to believe in the "good old days". Fear to try something new, to do something new, to experience something new - this fear has only the ego structure, the thinker. The soul does not know this fear at all.

It is about experiencing, experiencing the world with all senses. With the good and with the supposedly bad. To accept that each of you has this power, this independence and this sovereignty to live is extremely important. Only in this way will you be able to say "No!" at the decisive moment. Every person should have the possibility to decide for the Divine Light of Love. Everybody should have the possibility to advance. And that is exactly why everything is dragging on for so long. From our perspective, less than a blink of an eye long, but for you, much more.



Don't ask other people for any support, unless you need it, but it is not necessary that someone else informs you about something, just because you don't have the time to do your own research. Find out which media is working with whom, who the founders are, who is behind it. Make yourself smart, yourself, only what you yourself have researched, you are able to believe 100%. The main thing now is to keep this new process going stronger and stronger and also to carry it into the environment. It's about no longer keeping your mouth shut, no longer just being a follower, but it's about unfolding your life and your life personally in a new way, rethinking it. And above all, it's about living sovereignty. Where is your border? Draw it! Draw that line for yourself now! They will try to get away with everything once again, as the only country in the world more or less. And they will try to get away with it until you say, "No!" - until you say, "No, I don't want that! I don't want to stand by there. I don't want to identify with that." And the moment you succeed in doing that, a new record is fed into the "Play Earth," so to speak, a new version. The timelines are still very mixed up and confused, there are eleven timelines active at the moment, a huge amount.

In the end, the certainty that the light has already won and that there is no return from it is exactly what you need to experience, experience and move forward with the wake-up call of life and time. In the end, it's all about everything! It is the apocalypse, but you sit with it in the warm and in the dry. If also still. Whereby we point out that there will not come bigger, area-wide problems, except for certain areas within Germany, for the most part. It is a matter of actually living the power and the strength that God has breathed into every soul. To stand up for the truth. To stand up for the power of the Divine Frequency, the Divine Vibration. That, and that alone, is what it is all about.

Beloved children in light. There will be many things ignited, there will be many things shown on television that could send you into rigid panic. But in the certainty of never being able to fall lower than in God's hand, every soul can overcome exactly these dangers. Do not believe everything that is written in the media, whether it is alternative media or normal media is completely the same. Because 85% are nourished and also fed by the dark side either way.



This means that many dark energies are also on the way in the media, as said, be it normal or alternative, it is completely indifferent. Particularly in the alternative world it is at present so that many try to incite the darkness so far that the remaining humanity will go so into the anger, will go so into the rage that finally no stone would remain on the other if not in the outside will intervene. But it will! The spiritual world will do everything on the wake-up call or on the instruction of the Divine Power to liberate, to save as many people and souls as it is only somehow possible, but for this it requires your "I am ready!". "I am ready to accept this." As a chance, as a change, as whatever. But, it is necessary to accept that this energy and this force must come from within you!

And therefore, it is imperative that you recontransform, re-transform the Creator Power of the anger that is raging so much and so extensively within you. As said, this begins with you dissolving situations. That you don't keep still in situations where you don't feel comfortable. That you don't accept when someone puts malice and lies into the world. It happens with you saying "No!". Saying "No!" to the things you don't want in your life. And say a clear "Yes!" to the things you want to have. But that is exactly what is of great importance, to first figure out what you want. And taking the time, in this special time, is of such great and enormous importance. That in the end, that's exactly what it's supposed to be, which is the way to make the world a better place. To change the world. To take the world to a new level. Together. Absolutely together. Join hands with each other.

Stop worrying because, you are manifesting the future! And this is not an abstract painting, but this is the all-encompassing fact, the truthfulness. Start living this. And you will be surprised what all is possible, what kind of miracles may come. The main thing for you now is to simply live the power and the strength.

You are such a unique being! No being in the whole universe, even if there may be similarities, is like you! And this uniqueness wants to be finally lived and harvested in different areas in relation to the change. The change which the personal responsibility brings with itself.

This is something which you can feel if you really reflect on your state of soul as often as possible, and this happens every moment when you are not in the head! And this decision, which you bring out of this energy, out of the "not being in the head", is the stuff the miracles are made of.

Beloved child in the light. You have truly chosen the most turbulent time in the entire universe so far. You have chosen to be here because you are brave, strong and courageous. You have chosen to pass on your force and your strength to the weaker ones. You have chosen to live in Your power and Your strength.

And truly, we say to you: this is exactly what will happen!

God has already given the end!

And the light of love, sent by the Omnipotence and through the multipliers that exist among you, will spread stronger and stronger into the world.

Do not be afraid of the future!

Know that you can never fall lower than in God's hand. And to live in this certainty is the certainty that will enable you to create a new, a better, a right, an honest, a sincere, a truthful world, where justice, protection of the helpless, honor, decency, joy, happiness and abundance - and above all love will prevail.

We know you can do it, because we can already see it!

Be blessed in the light of Omnipotence, Now and all the time and so be it!"

*(Archangel Chamuel)*