

Transliteration of the Channeling "Frequencies" of Archangel Chamuel by Heike Lieselotte Schneider on October 28, 2022

" Be blessed you children of light. We are the energy you call Chamuel.

Beloved children in the light. Also today we would like to give you a message, which in the end will of course deal with the events of the time, but will also go into more detail about the frequencies, the frequency range, about what you are sending out, in order to be able to better control and better select your manifestation, which will now enter your life much faster.

Beloved children in the light. At the moment, many issues in your body structure are still such that the chakras are trying to open. This means that in certain parts of your body, precisely where the chakras are located, whether main or secondary chakras does not matter, you are suddenly experiencing pressure. In order to protect our channel, we would like to point out again that you should visit a doctor or a health practitioner in case of constant problems. But purely from the spiritual somatics it is so that the wake-up calls from the universe, from the primal energy appear stronger and stronger and more and more compressed. The frequency of the Earth has changed, the heartbeat of the Earth has changed. Therefore, you will be surprised that often on the Schumann frequency you do not always see the spikes that you would like to see, but on the whole the frequency range has changed, that is, it has become more constant, so that the spikes are no longer so great and the frequency range, as I said, has expanded into a range that you cannot yet measure. In addition, it is so that, as I said, every cell of your body is still supplied with new energy, especially the mitochondria, the atomic power plant of the cells ultimately, they are more and more strongly confronted or flooded with these wake-up calls and the body wants to try to change, to build up, it bursts the imposed limitations more and more. And of course this is also true for Mother Earth.

Mother Earth is at the moment in a state that is a stoic serenity, but in the end she is also waiting for the liberation blow and the bad thing is or the hopeless thing that she sometimes radiates, where she is not really hopeless, but the energy to know that humanity, also the awakened ones, still partly play along or react with anger and annoyance, where perhaps a certain amount of indifference or trust in God would be necessary.

Getting upset about evil that can only do evil is not really meaningful. Creating more anger, fear, rage, pain, which feeds the darkness, is not really meaningful. The point is to really look into the future in serenity, in trust in God. The new time is beginning! Every day a little bit more, and it becomes a little bit lighter every day. It is still the case, of course, that you will have to walk through what many often call this "storm". But there are timelines that you can pull yourself out onto, where many things are simply already done.

The higher you swing, the fewer problems you will have, the fewer animosities. The point now is to keep yourself at a constant level. The physical ailments that come from that are because the chakras are trying to open up more and more at the moment. Therefore, there is always a pressure in the chakra areas that feels more like a pressure from the inside out - not from the outside in, as is often the case with illnesses, but from the inside out. Allow yourself at least once a day to feel through the chakras, both the major and minor chakras. Stay constant with it. Remember that lived spirituality or lived trust in God or lived power is nothing but a continuity. You cannot stop doing it and expect it to get better. It is like brushing your teeth. It should be done every day. And these brief inner moments of connection, and here again - and we know we're repeating ourselves - allow the comment that you can be more and more aware, for example, while you're doing housework, and feel or scan the whole area, whatever you want to name it. But ultimately it's all about frequencies. High frequency, low frequency. And we're not necessarily talking about the deflection of the amplitudes here, we're just talking about the vibrational level. "High" ultimately means lower deflection, higher amplitude level, but it also means that ultimately it's about simply living this energy of light, of love, of truth, of gratitude, of joy, of beauty. It's about living. To touch with all your senses, to perceive with all your senses. Even the sense of touch to touch. The sense of hearing to listen. Seeing, smelling, tasting. With all the senses.

The chakras that continue to open - we would like to point out again that they have been artificially closed by a blockage through the crystalline structure, which has ultimately ensured that the chakras are also subject to time, which ultimately they are not at all on the soul level.

t means that it has become manifest something that exists in life now, namely the "solid energy body", to put it this way. And here the chakras make themselves already noticeable with you. Particularly intensively are the main chakras, which drive very large processes or also want to live and which now break ground, because you need these new energies for the new time! This is indispensable, this is necessary. Nevertheless, it is about questioning your own maturity and the degree of understanding again and again. This does not mean to question your being! Everyone is as they are, wonderful, great and good. However, it is a matter of surrounding the body with the structures that actually may put a smile on the face of one or the other, but on the other hand is also inclined and suitable to be followed by hard words or hard deeds.

Beloved children in the light. The new time will be very exciting. The chakras or the body still needs your support and here, as always, energy follows attention. If you were to give all the energy now, at this moment, for example, to your nose, to smelling, to perceiving, all your attention, you would find that there is a transformation taking place here. You would notice that you perceive smells that you have negated so far or that you have not noticed at all. And so, in the end, it goes through every single layer, through every single experience, through every single organ, through every single clue.

Beloved children. Truly we tell you: the new time will be beautiful! It will be, once it is completely here, and it will take a moment. Not so long until 2037, because in 2037 you already want to be in 5D. But it will be in any case the next time still turbulent. But more about that later.

In the final effect everything in the universe is vibration, frequency and energy. Who would like to get closer to this, is advised to deal with Nicola Tesla, who has nothing to do with any vehicles or something like that, but simply with the new energy, which is already in the starting blocks, so to speak, and is waiting to be implemented and lived. And it's about reducing your own demands on yourself a little bit. To accept that everything is good as it is and everything that is will become really good, gives you the possibility to get to know and live your life in real self-determination, self-determination through your personal manifesto.

loved children. Every day, feel completely into your chakras. Feel inside. Feeling means perceiving something tactile. And it has nothing, not really anything to do with the "frozen" energy structures. It is about being able to perceive the new form, the new structure on all levels.

Beloved child. You are ultimately the source of the change. You are ensouled. You are so powerful, you are so energetic and you are so full of inner and outer beauty. You have the power that is so much greater than anything you can imagine. But, it still needs your "I will!"

This "I will!" says, "I am ready! Regardless of whether someone makes fun of me or not!" Regardless of whether you are loved or not, you are absolutely perfect just as you are. Not perfect, but perfection has never been the goal. You are perfect. And this perfection wants and should be lived. But that also means full respect in dealing with each other. It means to listen to the other, to listen actively, it means to find out what the other wants and what the other needs and to support accordingly. And it's about not causing harm to anyone. And that is exactly the crux.

Beloved children. All that you know or think you know is wrong in so many ways and needs to be rewritten, rethought or relearned in so many ways. We would strongly recommend that you come out of anger, out of fear, out of despair, that you truly be in God trust, that you begin to perceive the new time as we perceive it, the wake-up call. The wake-up call to the cells, the wake-up call to the chakras, the change that is in transition, that is definitely happening right now!

The time for gimmicks, intrigues, dishonesty is long gone. It is loved by the darkness and by the helpers and helpers. But in the end you cannot act for others, you cannot think for others, you cannot do for others. This is your task alone. And this task you will master with bravery! All of you will master this task with flying colors! Those who have chosen to move this world forward. Those who have decided to bring about a change will drastically strengthen your connection in the near future. And we would like to give you one or the other tip for this.

And we would like to point out again that many people want to have information, but the information is only for the brain - to know or not to know something is completely irrelevant. What feelings you send out, that is of essence, of importance of great importance, and that you are ready to go to the fifth dimension! It is not important to know exactly how, what, where, who, when, where did. It is about being in the connection in such a way that it is possible to move into the dimensions with ease.

It is about living the new energy, the new time, with ease and to rebuild the self and the body accordingly, to make it ready. And here we are again with the frequencies.

Beloved children in the light. Everything in the environment, everything in the world has a certain frequency. You feel something as loud or quiet, as soft and comfortable. You feel the individual vibrations because your body resonates very strongly with them. When you consider how sensitive water is, and your body is 75% water, you can assume that each frequency has a very big impact on your daily well-being. You can see exactly what is happening in the sky. And that is the problem. It is the problem that in the end everybody is still participating. It is the certainty that very few think outside the box and always think "Yes, if I do this for the place after next, nothing can happen here." That's not the case. You are all in the same boat and if it capsizes, you have a problem.

The darkness, of course, knows about the different frequencies. The frequencies of each chakra, you can read all about that, we don't need to explain that to you. The frequencies that each object emits, simply by allowing the energy structures to work and flow through you. And that which you radiate or that which builds up within you is of such great importance and of such immense importance that you should let it flow freely if it is somehow possible for you.

Beloved children of light. Ultimately, the point now is to keep the frequency high. And since it is an abstract entity, so much for "bringing the frequency up" and can really only be understood by musicians, it means nothing other than that the basic vibration should be given higher and higher and higher. How does this happen? By the right contact with oneself or with others.

In general, to increase the frequency you send out, it is important to stop thinking, to stop uncontrolled thinking. Controlled thinking is - on the contrary - exactly right. Concentrated to choose something and to decide consciously for it is of enormous importance. What is coming up to you in the next time will be more than bumpy. We do not want to present here like other channels finally one horror scenario after the other. We only want to point out that you have perhaps gone one step too far. You have bent yourself too far, sold yourself too far, made yourself small at times. And now it is about finding this inner greatness in yourself. And the next time it is especially about keeping the frequencies extremely high. How do you do that? As I said, everything in the universe, everything in nature, everything has sounds: the rain gently pattering on the roof, the compliments of your partner. All the things that are good for you are ultimately meant to raise your vibrational frequency. But all these frequencies, at the moment, since the darkness also knows this, are of course also used to your detriment. For example, frequencies are turned up at night that cause fear and panic and worry. Energies will be released the next time, which were also bound in the earth itself for a long time. And that what is coming on you is not only beautiful. Not yet! But nevertheless it is of great importance to pay attention to the environment.

For one thing, it's always the frequency that you raise - and a frequency is something, for example, when you turn on a loud speaker and put it in front of a picture of water, that that starts to change, to move. And it's about creating that frequency, that frequency entry into yourself as much as you can in any way. Part of that is, of course, the frequency of thinking. In what frequency are you whining? Are you full of confidence? If you are not in that confidence, rethink your purpose in life, your lifestyle. If you are in that confidence, then have a little more patience.

The second, the second thing is ultimately: beware of vampire energy hunters!

Moreover, the third point is the point no more what you think, but also what you speak. Everything has a vibration, everything has a frequency, pay attention to what words you use.

Fourth. Make sure that you do not act only with energy vampires who may adore you, but who cannot protectively hold their hand over you when the going gets tough.

when the going gets tough. And we would like to give again a small insight into the future events. And again the hint is said that only GOD himself, the source itself can predict this result and in which form, in which kind it comes. If the earth frees itself, it will take place by the earthquakes or by further volcanic eruptions and otherwise you are so in your power and your strength that you will create this change finally! If you still grind a little bit on yourselves.

The next frequency range we want to cover here is the frequency of order and disorder. If the house is not clean or the apartment is not clean, not maintained, it means a cancellation of all further beautiful orders with the universe, because finally the frequency is not held up. To hold up the frequency, as said: Breathe, not think, feel! This is of great, of immense importance now in the new time, so that you can start to make yourself free, free from all these art projects, from all this artificial, from the inauthentic, from the inhuman. And this time will come! The change is already underway!

What you send out comes back to you, you know, the law of resonance. But, as I said, the people you surround yourself with, especially if they are energy suckers, should perhaps be reconsidered a little, whether it makes sense. Your friendships are all on the touchstone right now. And you are reviewing whether you can grow with someone together or whether you may, should, separate. That's perfectly okay, too. But the point right now is to just let the power and the strength that is within you really take hold. And we know it's hard for some of you, even harder than anything we can imagine. Only in the end, the point is that these energies have not been good for the planet itself, so the change had to be brought about.

The new time will bring so many exciting things, so many renewals, so much excitement, that we urge you to provide your peace activists or your change activists with as much information as you can. To provide yourselves with as much information as is necessary.

It does not mean that you should have complete degrees in any areas, but it is a matter of being focused on the task and focused on the path, not changing the path. The path, so to speak, goes into ascension, where the soul eventually liberates itself. But you still remain here on earth, and so it is important that you stop giving water to the mill especially to the people who want to try to take you away from these realizations.

Beloved child in the light. Beloved child in the light! As said, what is just sufficient: The more things you possess, the more it pulls your frequency down, because every thing is connected with yourself in the end, especially if you do not decorate completely consciously. Let also times five be straight. Just let it happen. And you will notice: nothing happens.

There are ways and means to train your eyes! And here you should perhaps once listen, what there are possibilities for it to do exactly that.

The next frequencies that are so important, and we would like to point out again, that if you point a speaker at water, there is a wave movement. This frequency is visible, so to speak, or in the sand, which can manifest in infinite possibilities. And even in your darkest hour, when you scream or when you scream at your children or at your wife because you feel you can't take it anymore, you will find that the scream comes from a completely different depth than before and also that is a form of weapon. Therefore we would like to advise you urgently: Learn the upright use of it!

Beyond that it is of course so that every frequency form has or will have influence on you again and again. If you look at the mainstream media for example permanently, you will already alone with the beginning for example of a news service that the time is counted down and then comes a light gong that you begin to be hypnotized, protectively is to go into the heart and into the energy. The highest vibration in the universe is and always will be love and gratitude, coupled with joy and happiness. If you could see that or perceive that.

Beloved children in the light. The interruptions that are taking place today have to do with the fact that at the moment there are very many energies working from the outside and trying to do great harm.

And we try to avert this damage on all levels. Sometimes it is useful or sometimes it is important to protect the channel to the extent that nothing can come from the outer realm, especially in this situation where part of their spirit has left the body.

Beloved children. The next period will certainly be rumbling. We would like to appeal to you, we would like to remind you of your truth-seeking, your truth detector, which may very well decide in your gut whether something is true and decide on a soul level whether something is true or whether it is fake. The thing that is going to happen in the near future is that the darkness is trying to do as much collateral damage as somehow possible, to take as many as possible still with them in the truest sense of the word. Because they can still serve as a food source, so to speak, even in the lower dimensional planes.

Beloved child. We speak to you ourselves. We speak to you from the deep certainty that it is indispensable to live your own power and strength now!

There is nothing more important than the connection to the Divine Source, because only the Divine Source gives you the power and the strength to powerfully energetically say "No!", to say "Stop!" and to actually request the change.

Pay attention to the people you surround yourself with. Pay attention to what frequencies are affecting you and what strength or weakness, whether people are building you up or whether people are just pulling you down. Pay attention to whom you surround yourself with. Even if you can't always see or perceive the darkness in the people there, we can assure you that it is there. The point is to detach from it a little bit and also to detach from the desire to always want to save everyone. This will not be possible, because souls ultimately make other decisions.

What is important is, especially in this particular time, where the pressure of the darkness is becoming more and more - especially because they are trying to take as much collateral as possible - and especially in this time, which is so difficult for the future, supposedly difficult for the future.

If you are not sure and all this is only in your head, then go into nature, let your mind empty! Look outside and realize, "Life is beautiful!"

Be sure to keep your frequencies high. Frequency is the basis, the energy carrier of the whole universe.

It is something that can be sent from point to point. It is something which has a stability and yet a filigree or is so filigree that it can't be perceived in the end almost.

But nevertheless it is really indispensable that you start to go into your power and strength and to live it! To be free! As a great man in the past once said, "Freedom is at most two generations away or protected!" In two generations! In the end, the second generation can already lose freedom completely because they take it for granted.

Nothing in this realm, in this strength, in this entire universe is ultimately viable without the Divine Source. Only by demonic, by satanic rituals it is possible to keep up an illusory reality, even if this illusory reality can be quite strong because of the constant being connected with the darkness. But check yourselves: Is it right what is being said? Does it make you feel good what is being said? Or does it make you feel bad? And it is not useful to hold out all the time when "good" and "bad" are fighting with each other!

Beloved child. You! have linked the power of the whole universe in each of your cells in such a way that you could change everything if it is in the course of Divine Love. If it is in the course of Divine Love and Divine Truth, then everything is possible! You create according to the laws of the Creator Himself! Pay attention to what you create! Use the frequencies, use the frequency of the music, pay attention to what you hear!

Everything in the universe is frequency. Every thought has a frequency, every word, every spoken word, every sung word, every condemnation, every evaluation, everything is a frequency! And if you want to dramatically increase the frequencies, then start keeping your life clear. Keep it pure. Keep yourself clear and pure. To accept and live your power and your strength. Not to flirt, not to bear false witness, not to just rant, not to just worry. It is about living now! If now, when? Start living!

Living means to perceive something with all senses. Living means to hear, to smell, to taste and to feel. And the fifth dimension, the all-oneness, that is ultimately the first level of bliss.

You are so powerful! You are so loved! You are so protected!

All that you wish for can come true, if you let it. Your power, your strength, your not giving up, continuing to stand up for a better future, is exactly what the world needs now and truly, we tell you, you are going into a beautiful new future! Even if this takes a moment, it does not mean that many events occurring very quickly one after another cannot wake you up even more.

As I said, even the awakened ones still have partly through your ego structures the desire to dominate, to make others small or to dehumanize others in some form. But the point is to ultimately embrace that power and strength and know that you are infinitely loved!

Beloved Children. These are exciting times that are coming your way and they are times that will be turbulent at times. But as I said, you have the strength and the power to change this change! You have the strength and the power to stop the supposed fear scenario what is planned and you have already started with it. Continue with this good work! Hold each other's hands powerfully and just let go. And this time for this change, is definitely now!

Beloved child in the light. You are protected, loved, cared for and never alone!

We bless you in the light of Divine Omnipotence, Now and all time and so be it!"

(Archangel Chamuel)