

## **Transliteration of the Channeling "Waiting" of Archangel Chamuel by Heike Lieselotte Schneider on April 28, 2022**

"Be blessed you beloved children of light. We are the energy you call Chamuel.

Beloved children in the light. Before we come to our actual message, which will be on the subject of "Waiting", we would like to go a little bit into what is currently happening, energetically, the effects on your body structures.

Beloved children. The energy is increasing dramatically. That which is being given to the Earth by the Universe will become stronger and stronger and higher and higher, and the processes that are needed for the new time on the body structure, so to speak, are already underway. At the moment the main issues are the heart and the larynx, the center of power. The heart center, of course, is also where the soul finds its home or connection, the connection point in the upper body and the laryngeal chakra.

The throat chakra is so important because of the fact that it is the power center. It is the language, it is the communication, it is the connection between the heart energy (the green heart chakra) - and the connection to the third eye (the blue chakra). It is, in the end, the color turquoise. It is the Christ consciousness, it is both levels of vibration. It is the healing, communicating, but also the seeing power. This is centered in the throat chakra.

Therefore, it is of great importance that you first communicate truthfully. Communication in truthfulness always means to stay with a part of the attention naturally in the heart chakra - only in this way you can be sure that it is not the ego structure that is partly or mainly controlled by the darkness - only in this way you can be sure to be really authentic.

The next time it is about accepting that your body, your soul, your mind, your being needs more rest, more relaxation and more mindful living. This means less social media in any form, less information input, and more living from within.

Many of you will find that you have significant mood swings. Going from "sky high - to deathly sad" is relatively easy to achieve at the moment.

These emotional fluctuations are also due to the fact that at present the body structure is being rebuilt or awakened or also the connection to the soul is being strengthened. The joy that you can feel in part and the sorrow that you can feel in part, to the full extent is because ultimately it is the soul energy that has a much greater strength, that is, the joy is stronger and the darkness, the ego structure that creates sorrow, anger, fear, rage, pain, the discrepancy between the two, the difference between the two is becoming greater and greater, and therefore this "sky high - saddened to death" is very much changing, very much eroding, very much draining of strength in part.

Beloved children in the light. As before, there is ultimately no cell in your body that is not in transformation. On the body-mind-soul level, everything is in process at the moment. And this process will intensify to the point where you reach 5D. The more often you move towards 5D through meditation and contemplation - and we know we keep repeating this, but we firmly believe that constant dripping wears away the stone - means that you are moving more towards that path.

One more thing to say about meditation. Listening to a CD is not meditation. This is a healing journey. This can be a workshop. Meditation is stillness. The contemplation of the inner being. Allowing what may be partially resting in some dark corners or nooks in the body or also resting in the mind - hidden pain, hidden fears - to come up, to perceive yourself on body-mind-soul level. It means letting everything rise up without getting caught up in the drama.

Imagine dirt in water. The dirt is stirred up, the water, which would correspond to the soul, is a little clouded, better said, the soul is not clouded as such, but the film of dirt, which perhaps sits on top in the connection, is a little clouded. Through the silence it is possible, not only that the dirt settles, but it is also possible to transform it. It is, so to speak, the sifting out of the dirt that hangs in the system.

Then, when the soul is in its power and in its rest, or when you are ready to listen to your soul, then the connection will expand. And keep in mind here very clearly that the primal vibration of your soul, the fundamental vibration of your soul, is the same as ours: Love, joy, gratitude, happiness.

In order to be "in a bad mood", in order to have negative thoughts, you must make an effort factually. That is, the moment you are in the connection with your soul, you have everything you need! Many of you will immediately go into resistance because of the fact that negative thinking is much easier or seems much easier. No. It is the corrupted thinking that seems easier. It is the indoctrination that you have been taught over many decades, over centuries, depending on how many incarnations you have had. The indoctrination of darkness that tells you what to think, how to feel, what to do to be "in", what to do or what to wear to even be successful or whatever. This is indoctrination.

To Divine Source Himself, it doesn't matter how you look, what you do. God will never love you any less, any of us, even if you were just lazing on the couch. If you lie lazily on the couch and are in love, you do much more for everyone, for the world, for yourself, for your surroundings, for everything, than for all the work you do day after day. Of course, now comes the mental resistance that you think, "Yes, and how am I going to earn my money?"

Beloved children. " Consider the lilies of the field: they do not sow, they do not reap, and yet God feeds them." Ultimately, the moment you show yourself is the moment when the needs on the outside subside. You no longer need anything to enhance, you no longer need anything to change anything. You are in being. And in being it is completely indifferent.

In the end, most of you work for many, many years from vacation to vacation, you are not happy. This will change, because the world is changing. The "normal routine" will change. What the soul actually wants to live here - the adventure - will come. It is already there. The change and the pressure on the outside will increase even more due to the fact that humanity will continue to change.

Currently, very few people are on the 5D level and very many want to get there. But to be on the 5D level ultimately means to be in the heart. It is not achievable with values and judgments, with thought structures in any form. But the desire for peace, the desire for beauty, the desire for nature is increasing in more and more people

The simple things, spending a morning in the garden to perhaps plant something yourself - which is highly advisable, by the way - is more meaningful than spending the whole day clearing files from right to left. Defining about being is more important than defining about doing.

Beloved children. Why does the pressure have to get stronger? Why will external events become more massive? Because of the fact that you only change or that change usually comes only when the pressure from outside is very great. A person who is told that he is incurable is often able to pull it around on the soul level - but never from the head.

The point where the pressure is so great that the breakup begins is increasing. And you are currently under pressure from two sides. The pressure that comes from outside and the pressure that comes from inside due to how the soul wants to be, wants to live or how the soul envisions the Golden Age. The pressure from within must always be greater than the pressure from without. The greater the pressure from within, the more the darkness from without will increase the pressure. The craziness that is taking place in the world right now, the statements of politicians, of people, of doctors, of scientists of all stripes, are sometimes so crazy - and yet many people don't understand it because they don't care, because they live in their dream phase. Because they live in the phase where they don't want to wake up. Or else - partly the awakened ones - wait for the big events outside.

The more you wait, the more waiting will be delivered to you. Waiting is ultimately the worst thing you can do in this time (smiling). The moment you are waiting, you are busy in your mind with how it could be, what changes will come and when it will finally be.

When you are inside, communicating with your soul, allowing the soul energy, you are signaling the light that it can finally intervene.

You are further along than you think. Many things that happen in the underground or in the background are not in the light, will also not come to light at the moment, although this may change within a very short time, if you allow it. The times, the key dates are set. As I said, the Divine Source knows where to intervene and when, because it knows everything. But humanity is of great, great importance. Every single one.

And none of them is too little. If you knew how great your souls are, you would not even think that a single light is too little, a single person is not strong enough.

Once again: In a conscious, awake, enlightening soul God works all the time! This means that every soul is able to bring the Divine energy to an extent where the darkness would make big circles around it, because it would be immediately transformed or, in the case of the entities of darkness, judged.

Beloved Children in Light. We would like to invite you today to give up waiting and start living. The life in communication, the life in freedom, independent of what is being imposed on you in the outside.

Beloved children. There are so many different possibilities. If the old friendships cannot stand different opinions, then they were not friendships. Ultimately, friendships are the families you choose. They are the families that will surround you, they are the spiritual connections, the spiritual families that you have had many incarnations with.

Don't blame the sleeping ones for being asleep. That they don't get it, that they don't understand, that they don't listen, that they don't want to be convinced, whatever. You have not walked in their shoes. See the last Divine spark that may still be there in them. And give light and love to it. Because, it is the Divine Spark that may still be glowing a little bit. The moment you do that, you are not wasting your energy on a human being or on a person, but you are loving the Divine Spark, God in that human being. And doing that helps bring transformation forward in a big, big way.

It is an adventure. It is a challenge. It is exhausting, perhaps, because it is so much easier to think unconsciously, but that is exactly what you accuse others of: thinking unconsciously!

You, who are awakened, are the hope of the universe!

You have the greatest importance to bring the new energy into the world.

You are of infinitely great importance!

You are the power which helps to awaken your environment!

You are the power that channels the new light!

In the moment where you stop the waiting, the here and now begins. And in the here and now every miracle is possible. You are the power that brings it forth! But not by scolding the unconscious, by getting angry, by despairing - but only by loving God also in these people.

You don't have to love the darkness, accept that it is there. But in the unconscious people, and we are talking about ensouled people, God is still alive. And this is the point that you can love. This is what brings you into your power and your energy. And this is the miracle that you will bring to this world.

The light of God is born through you in this world!

You are the creation of the Divine Source itself!

God did not create you by mistake. God did not accidentally give you this power. The gifts, the talents, the great heart. God gave it to you because you want to carry this power and this strength into the world!

Now would definitely be the time to start doing just that.

Beloved child. You are the beauty, the love, the power, the heart energy. You are the greatest miracle of God. And You are infinitely loved.

We bless You in the light of Divine Omnipotence now and all time, and so be it."

(Archangel Chamuel)